

## INTRODUCTORY MODULE REGISTRATION

### Register for:



**INSERT MODULE NAME**

Module will be open from: Monday June 24<sup>th</sup> – July 26<sup>th</sup>, 2013

### Please note that there is no fee for this module.

First Name: \_\_\_\_\_

Last Name: \_\_\_\_\_

Email: \_\_\_\_\_

Retype Email: \_\_\_\_\_

Organization: \_\_\_\_\_

Organization Address: \_\_\_\_\_

City: \_\_\_\_\_

Province/State/Region: \_\_\_\_\_

Postal Code/Zip Code: \_\_\_\_\_

Country: \_\_\_\_\_

#### What languages can you speak? (Check all that apply)

- English
- Spanish
- French
- Arabic
- Portuguese
- Chinese
- Russian

#### What language do you speak most often? (Check only 1)

- English
- Spanish
- French
- Arabic
- Portuguese
- Chinese
- Russian

#### What language do you speak most fluently? (Check only 1)

- English
- Spanish
- French
- Arabic
- Portuguese
- Chinese
- Russian

#### Gender

- Male
- Female

**Occupation (check one):**

- |  |  |
|--|--|
| <input type="checkbox"/> Administrator | <input type="checkbox"/> Pharmacologist/Pharmacist |
| <input type="checkbox"/> Clinician     | <input type="checkbox"/> Researcher                |
| <input type="checkbox"/> Nurse         | <input type="checkbox"/> Trainer/Educator          |
| <input type="checkbox"/> Dentist       | <input type="checkbox"/> Other                     |

**Academic Credentials (check all that apply):**

- Medical Degree
- Nursing Degree
- Masters Degree
- Doctorate/PhD
- Other

**Please indicate if you work in: (check all that apply)**

- Hospital/acute care
- Primary Care
- Long Term Care
- Community Care
- Specialty Care
- Research
- Education
- Other (please specify): \_\_\_\_\_

**Have you received previous tobacco dependence treatment training?**

- Yes
- No
- Training offered by: \_\_\_\_\_

**Where did you hear about this module?**

- Flyer
- Global Bridges website
- Colleague
- Listserv, or bulletin board on internet
- Organization/Company posting or referral
- Other (please specify): \_\_\_\_\_

***If you are a clinician, please answer the following two questions:***

Please identify your area of focus

- General practitioner
- Medical specialist
- Surgical specialist
- Mental Health specialist
- Nursing (registered nurse, advanced practice nurse)
- Medical social work
- Other

For how many years have you been in practice?

- Less than 5 years
- 5-10 years
- More than 10 years

**Thank you for submitting your registration form**

## Learning Assessment #1

### Introductory Module

**Please take a few moments to fill out this assessment before starting the module.**

We are interested in your self-assessment of the feasibility, importance and your confidence in using the various tools and interventions we will cover in this module, as well as getting an understanding of the impact this module will have on your work with your clients. Information collected will guide future course development.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

**Do you currently have any clinical contact\* with clients/patients?**

Yes       No       Other \_\_\_\_\_

*\*clinical contact refers to direct contact for the purpose of providing care or treatment*

### KNOWLEDGE AND CONFIDENCE ASSESSMENT QUESTIONS

*Correct response is denoted with an asterisk\* - remove the asterisk when administering test*

A smoker is not sure that he wants to quit. Your best next step is to:

- a. emphasize the benefits of continuing to smoke
- b. explore the reasons for his ambivalence, attempting to resolve his ambivalence in favor of stopping smoking\*
- c. show him pictures of diseased lungs to warn him of the effects
- d. prescribe Varenicline immediately

Which of the following is the BEST way of assessing tobacco users' motivation to quit?

- a. Formally assess what stage of change they are in according to the Transtheoretical Model
- b. Ask them to go away and think about whether they really want to quit and see if they return
- c. Ask them to reduce their tobacco use and wait and see if they manage that
- d. Simply ask the tobacco user whether they are ready to quit completely and quit for good\*

A 45-year old woman has relapsed for the 4th time and feels she should just accept that she will be a lifelong smoker. The most appropriate response is:

- a. advise her about the chronic relapsing nature of tobacco addiction and invite her to make another quit attempt\*
- b. prescribe her some diazepam to reduce her anxiety.
- c. advise her to use an e-cigarette
- d. tell her she must quit or else she will develop a tobacco related disease

Which of the following statements about how your patients might react to brief advice is most likely to be true?

- a. They will tell me to mind my own business, as smoking is legal
- b. They will listen to me but not act on the help that I offer
- c. They will expect me to be asking about their smoking and will welcome help with quitting\*
- d. They will not say anything at the time but it will harm my relationship with them

**Please indicate your level of agreement with each of the following statements as applicable for providing treatment for tobacco use.**

I feel competent to:

	Strongly Agree	Agree	Unsure	Disagree	Strongly Disagree	Not Applicable
Complete a tobacco use history						
Diagnose nicotine dependence						
Recognize the symptoms of nicotine withdrawal						
Incorporate pharmacotherapy into the treatment plan						
Incorporate relapse prevention approaches						
Apply at least two motivational interviewing techniques						

**For the following questions please rate the feasibility, importance and confidence of applying key concepts and strategies in each of the areas outlined below:**

**1. Discussing the adverse health consequences of tobacco use:**

Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to discuss the adverse health consequences of tobacco use with clients?

0 1 2 3 4 5 6 7 8 9 10  
*Not at all* *Extremely*

How **important** do you feel it is to discuss the adverse health consequences of tobacco use with clients?

0 1 2 3 4 5 6 7 8 9 10  
*Not at all* *Extremely*

How **confident** are you that you could discuss the adverse health consequences of tobacco use with clients?

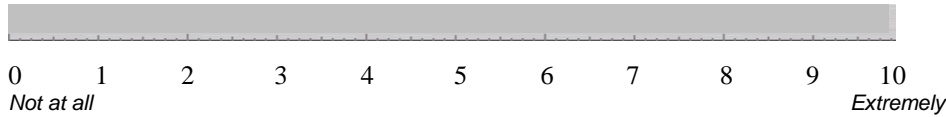
0 1 2 3 4 5 6 7 8 9 10  
*Not at all* *Extremely*

**Do you currently discuss the adverse health consequences of tobacco use with clients?**

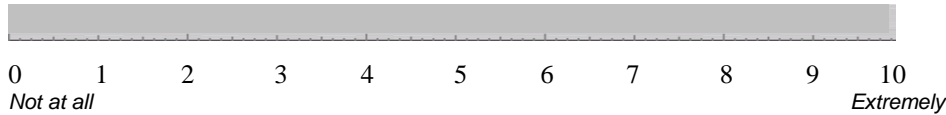
- Yes, routinely       Yes, to a limited extent       No

## 2. Identifying the basic neurobiology of tobacco dependence:

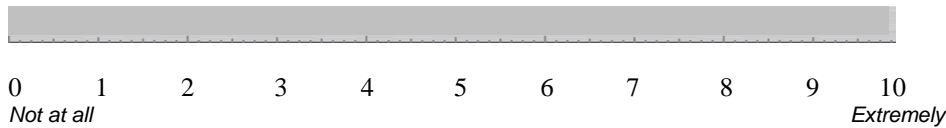
Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to identify the basic neurobiology of tobacco dependence?



How **important** do you feel it is to identify the basic neurobiology of tobacco dependence?



How **confident** are you that you could identify the basic neurobiology of tobacco dependence?

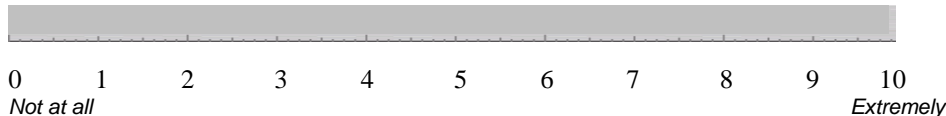


**Do you currently identify the basic neurobiology of tobacco dependence?**

- Yes, routinely       Yes, to a limited extent       No

## 3. Integrating tobacco dependence treatment into clinical practice:

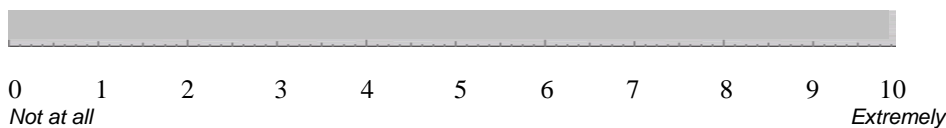
Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to integrate tobacco dependence treatment into clinical practice?



How **important** do you feel it is to integrate tobacco dependence treatment into clinical practice?



How **confident** are you that you could integrate tobacco dependence treatment into clinical practice?

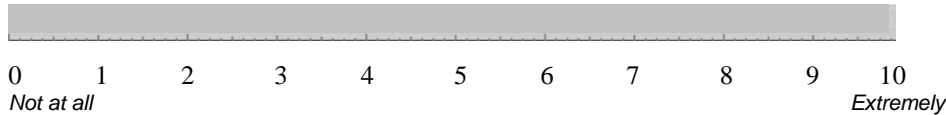


**Are you currently integrating tobacco dependence treatment into clinical practice?**

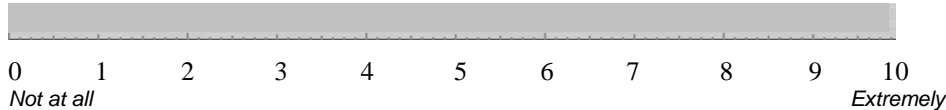
- Yes, routinely       Yes, to a limited extent       No

#### 4. Evidence-based screening and assessment tools for tobacco dependence:

Do **practical limitations and ability** (*such as time, funding, support, client resistance or motivation, lack of practice*) allow you to adapt and apply evidence-based screening and assessment tools for tobacco dependence with clients?



How **important** do you feel it is to adapt and apply evidence-based screening and assessment tools for tobacco dependence with clients?



How **confident** are you that you could adapt and apply evidence-based screening and assessment tools for tobacco dependence with clients?

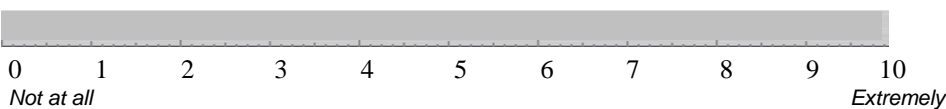


**Do you currently use evidence-based screening and assessment tools for tobacco dependence with clients?**

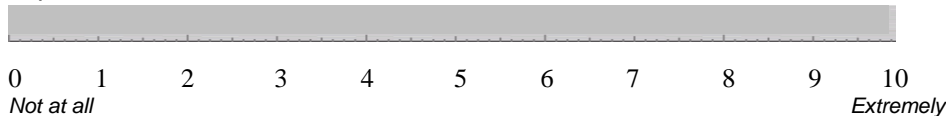
- Yes, routinely       Yes, to a limited extent       No

#### 5. Implementing behavioural and motivational interventions for tobacco dependence:

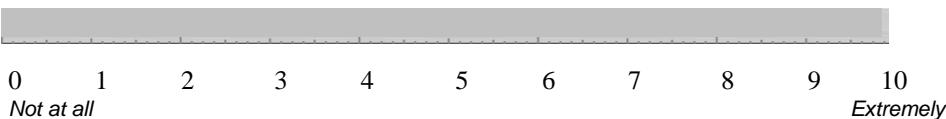
Do **practical limitations and ability** (*such as time, funding, support, client resistance or motivation, lack of practice*) allow you to implement basic, brief behavioural and motivational interventions for tobacco dependence with clients?



How **important** do you feel it is to implement basic, brief behavioural and motivational interventions for tobacco dependence with clients?



How **confident** are you implementing basic, brief behavioural and motivational interventions for tobacco dependence with clients?

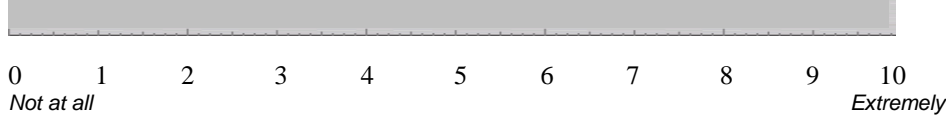


**Are you currently implementing basic, brief behavioural and motivational interventions for tobacco dependence with clients?**

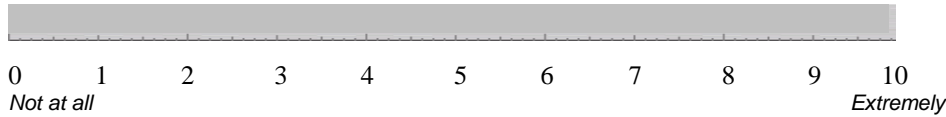
- Yes, routinely       Yes, to a limited extent       No

## 6. Accessing additional learning resources on tobacco dependence treatment to use in clinical practice:

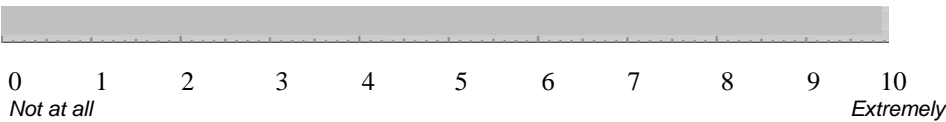
Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to access additional learning resources on tobacco dependence treatment to use in clinical practice?



How **important** do you feel it is to access additional learning resources on tobacco dependence treatment to use in clinical practice?



How **confident** are you that you could access additional learning resources on tobacco dependence treatment to use in clinical practice?

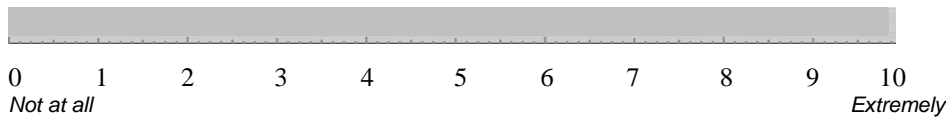


**Do you currently access additional learning resources on tobacco dependence treatment to use in clinical practice?**

- Yes, routinely       Yes, to a limited extent       No

## 7. Providing advocacy or intervention at the system level:

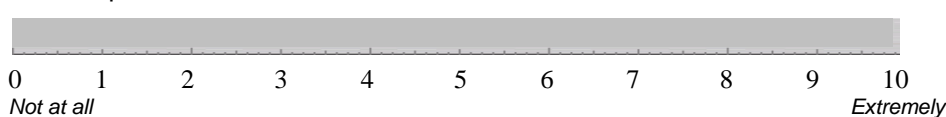
How **important** do you feel it is to advocate or intervene at the system (e.g. organizational or community) level around tobacco policies/interventions?



How **confident** are you that you could advocate or intervene at the system (e.g. organizational or community) level around tobacco policies/interventions?



How **practical** is it for you to advocate or intervene at the system (e.g. organizational or community) level around tobacco policies/interventions?



**Do you currently advocate or intervene at the system level around tobacco policies/ interventions?**

- Yes, routinely       Yes, to a limited extent       No

## Learning Assessment #2

### Introductory Module

**Please take a few moments to fill out this assessment before starting the module.**

We are interested in your self-assessment of the feasibility, importance and your confidence in using the various tools and interventions we will cover in this module, as well as getting an understanding of the impact this module will have on your work with your clients. Information collected will guide future course development.

First Name: \_\_\_\_\_ Last Name: \_\_\_\_\_

**Do you currently have any clinical contact\* with clients/patients?**

Yes       No       Other \_\_\_\_\_

*\*clinical contact refers to direct contact for the purpose of providing care or treatment*

### KNOWLEDGE AND CONFIDENCE ASSESSMENT QUESTIONS

*Correct response is denoted with an asterisk\* - remove the asterisk when administering test*

A smoker is not sure that he wants to quit. Your best next step is to:

- a. emphasize the benefits of continuing to smoke
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A 45-year old woman has relapsed for the 4th time and feels she should just accept that she will be a lifelong smoker. The most appropriate response is:

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Incorporate relapse prevention approaches						
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0 1 2 3 4 5 6 7 8 9 10  
*Not at all* *Extremely*

How **important** do you feel it is to discuss the adverse health consequences of tobacco use with clients?

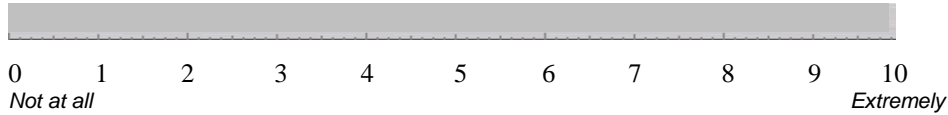
0 1 2 3 4 5 6 7 8 9 10  
*Not at all* *Extremely*

How **confident** are you that you could discuss the adverse health consequences of tobacco use with clients?

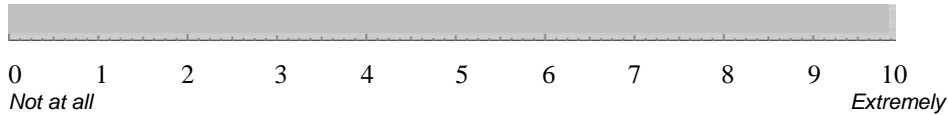
0 1 2 3 4 5 6 7 8 9 10  
*Not at all* *Extremely*

## 2. Identifying the basic neurobiology of tobacco dependence:

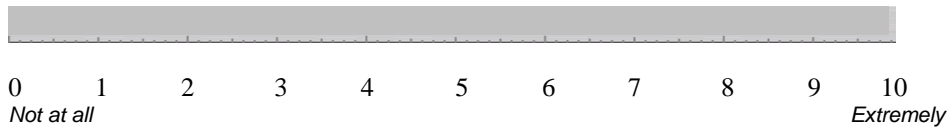
Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to identify the basic neurobiology of tobacco dependence?



How **important** do you feel it is to identify the basic neurobiology of tobacco dependence?

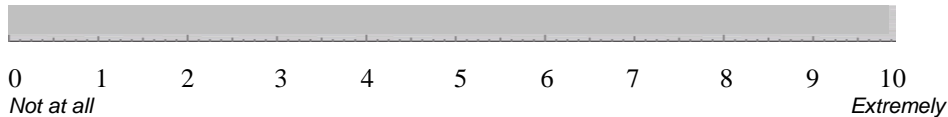


How **confident** are you that you could identify the basic neurobiology of tobacco dependence?

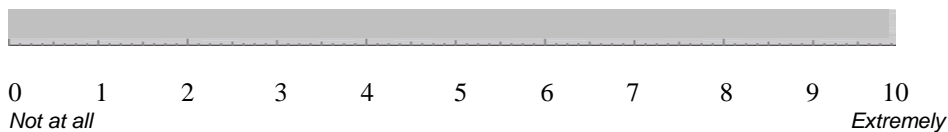


## 3. Integrating tobacco dependence treatment into clinical practice:

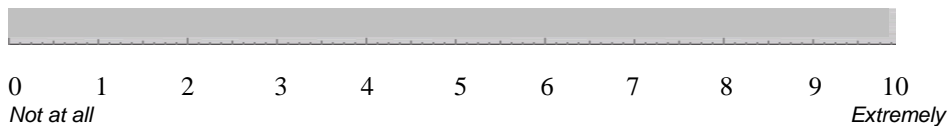
Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to integrate tobacco dependence treatment into clinical practice?



How **important** do you feel it is to integrate tobacco dependence treatment into clinical practice?

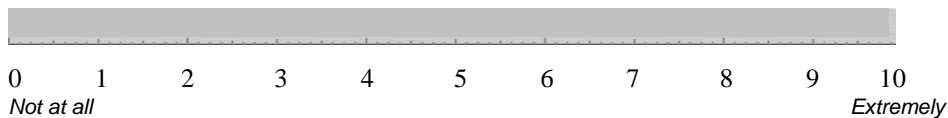


How **confident** are you that you could integrate tobacco dependence treatment into clinical practice?

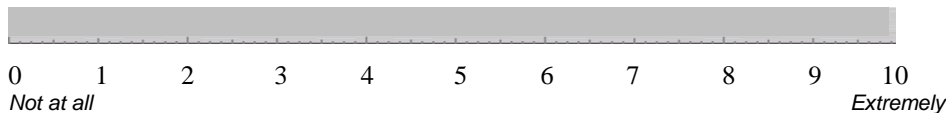


## 4. Evidence-based screening and assessment tools for tobacco dependence:

Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to adapt and apply evidence-based screening and assessment tools for tobacco dependence with clients?



How **important** do you feel it is to adapt and apply evidence-based screening and assessment tools for tobacco dependence with clients?

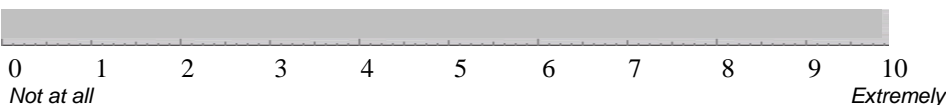


How **confident** are you that you could adapt and apply evidence-based screening and assessment tools for tobacco dependence with clients?

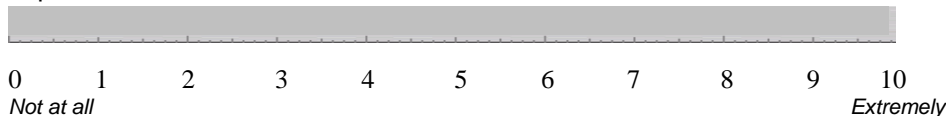


### 5. Implementing behavioural and motivational interventions for tobacco dependence:

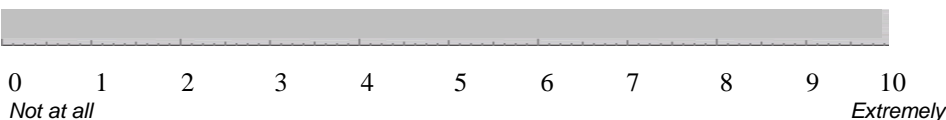
Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to implement basic, brief behavioural and motivational interventions for tobacco dependence with clients?



How **important** do you feel it is implement basic, brief behavioural and motivational interventions for tobacco dependence with clients?

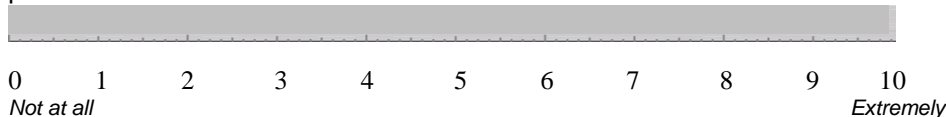


How **confident** are you implementing basic, brief behavioural and motivational interventions for tobacco dependence with clients?

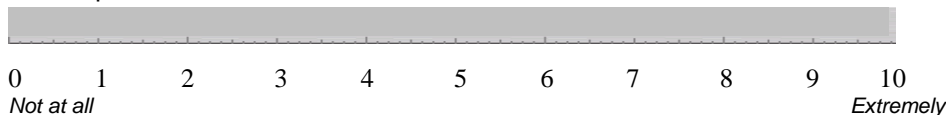


### 6. Accessing additional learning resources on tobacco dependence treatment to use in clinical practice:

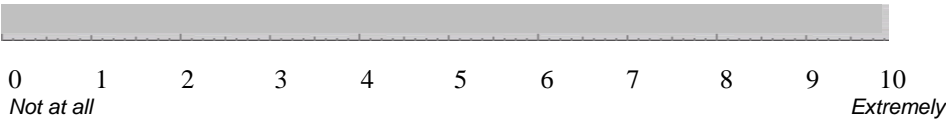
Do **practical limitations and ability (such as time, funding, support, client resistance or motivation, lack of practice)** allow you to access additional learning resources on tobacco dependence treatment to use in clinical practice?



How **important** do you feel it is to access additional learning resources on tobacco dependence treatment to use in clinical practice?

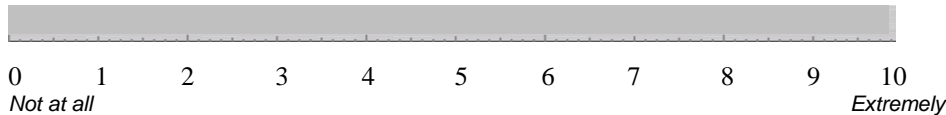


How **confident** are you that you could access additional learning resources on tobacco dependence treatment to use in clinical practice?

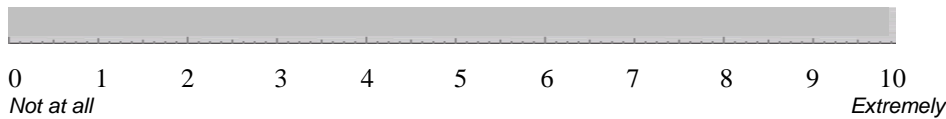


### 7. Providing advocacy or intervention at the system level:

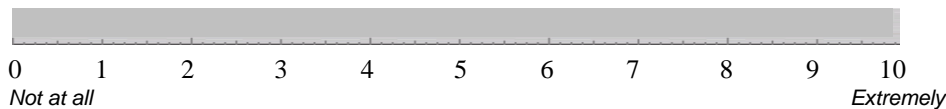
How **important** do you feel it is to advocate or intervene at the system (e.g. organizational or community) level around tobacco policies/interventions?



How **confident** are you that you could advocate or intervene at the system (e.g. organizational or community) level around tobacco policies/interventions?



How **practical** is it for you to advocate or intervene at the system (e.g. organizational or community) level around tobacco policies/interventions?



## Learning Assessment #3

In this module we have discussed, practiced, and reflected on a variety of clinical tools and approaches related to tobacco dependence treatment. We are interested in how this material will extend beyond the online module into your day-to-day practice with clients. Please take a few minutes to think about the elements of this module that you will use in your practice. The following questions reflect the topics and content areas we have covered, and are intended to help stimulate your thinking and to assist you in setting some practice goals.

### 1. How will learning about the adverse health consequences of tobacco use have an impact on your clinical practice?

#### I plan to:

- Discuss the adverse health consequences of tobacco use with my clients  
 I was already doing this in my practice.
- Share the information surrounding the adverse health consequences of tobacco use with my colleagues.  
 I was already doing this in my practice.
- Other (please describe):

---

I do not plan to incorporate adverse health consequences of tobacco use into my clinical practice.

**2. How will learning about identifying the basic neurobiology of tobacco dependence have an impact on your clinical practice?**

**I plan to:**

- Incorporate knowledge of basic neurobiology of tobacco dependence into my clinical practice
  - I was already doing this in my practice.
- Share the knowledge of basic neurobiology of tobacco dependence with my colleagues
  - I was already doing this in my practice.
- Other (please describe):

---

---

I do not plan to incorporate knowledge of basic neurobiology of tobacco dependence into my clinical practice

**3. How will learning about integrating tobacco dependence treatment into clinical practice have an impact on your clinical practice?**

**I plan to:**

- List benefits of various interventions in tobacco dependence treatment when providing information to clients
  - I was already doing this in my practice.
- Discuss tobacco dependence treatment integration into the workplace with colleagues and management
  - I was already doing this in my practice.
- Other (please describe):

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I do not plan to integrate tobacco dependence treatment into my clinical practice

**4. How will learning about evidence-based screening and assessment tools for tobacco dependence have an impact on your clinical practice?**

**I plan to:**

- Use the Five A's (Ask, Advise, Assess, Assist, Arrange) in tobacco dependence treatment counselling
  - I was already doing this in my practice.
- Use standardized screening and assessment tools with clients

I was already doing this in my practice.

- Document tobacco use and treatment plan in client chart
  - I was already doing this in my practice.

Other (please describe):

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I do not plan to implement evidence-based screening and assessment tools for tobacco dependence in my clinical practice

**5. How will learning about implementing behavioural and motivational interventions for tobacco dependence with clients who are ambivalent towards health behaviour change have an impact on your clinical practice?**

**I plan to:**

- Incorporate the “spirit” of motivational interviewing (Compassion/Acceptance/Partnership/Evocation) into my practice.
  - I was already doing this in my practice.
- Increase use of open-ended questions with clients
  - I was already doing this in my practice.
- Increase use of affirmations with clients
  - I was already doing this in my practice.
- Increase use of reflective listening with clients (simple and complex reflections)
  - I was already doing this in my practice.
- Increase use of summary statements with clients
  - I was already doing this in my practice.
- Work with ambivalence by taking the side of “no change” leaving the other side for the client
  - I was already doing this in my practice.
- Access additional resources (publications and websites) related to motivational interviewing
  - I was already doing this in my practice.
- Other (please describe):

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I do not plan to implement behavioural and motivational interventions for tobacco dependence in my clinical practice

**6. How will learning about accessing additional clinical tools and resources on tobacco dependence treatment and continuing professional development have an impact on your clinical practice?**

**I plan to:**

- Access clinical cessation tools and resources that are specific to my practice setting
  - I was already doing this in my practice.
  
- Share with colleagues the available clinical tobacco dependence treatment tools and resources to use with clients
  - I was already doing this in my practice.
  
- Other (please describe):

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---

- I do not plan to access clinical cessation tools and resources that are specific to my practice setting

***What are some possible barriers that might present challenges in making changes to your clinical practice?***

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***What are some of the things that have supported or enabled you to make these changes?***

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***Any other comments?***

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